

EBC Annex 69

Strategy and Practice of Adaptive Thermal Comfort in Low Energy Buildings

**EBC Webinar: The Science and Communication of Energy-Efficient
Indoor Environments**

10th November 2020

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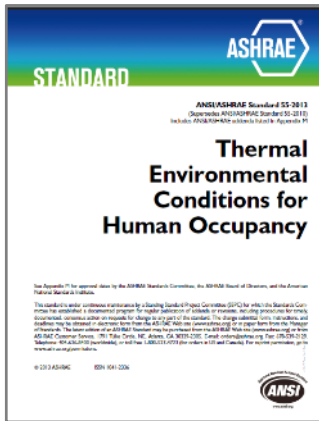
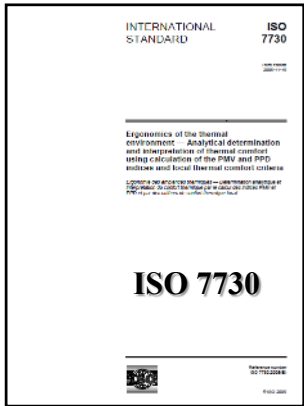
**Richard de Dear
The University of Sydney
Australia**

Background

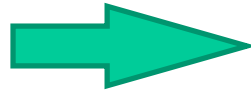
— Low Energy Buildings

- **How to achieve low energy building?**
 - 1. Appropriate indoor thermal environment**
 - 2. Reasonable architecture design**
 - 3. Low energy thermal environment control facilities**

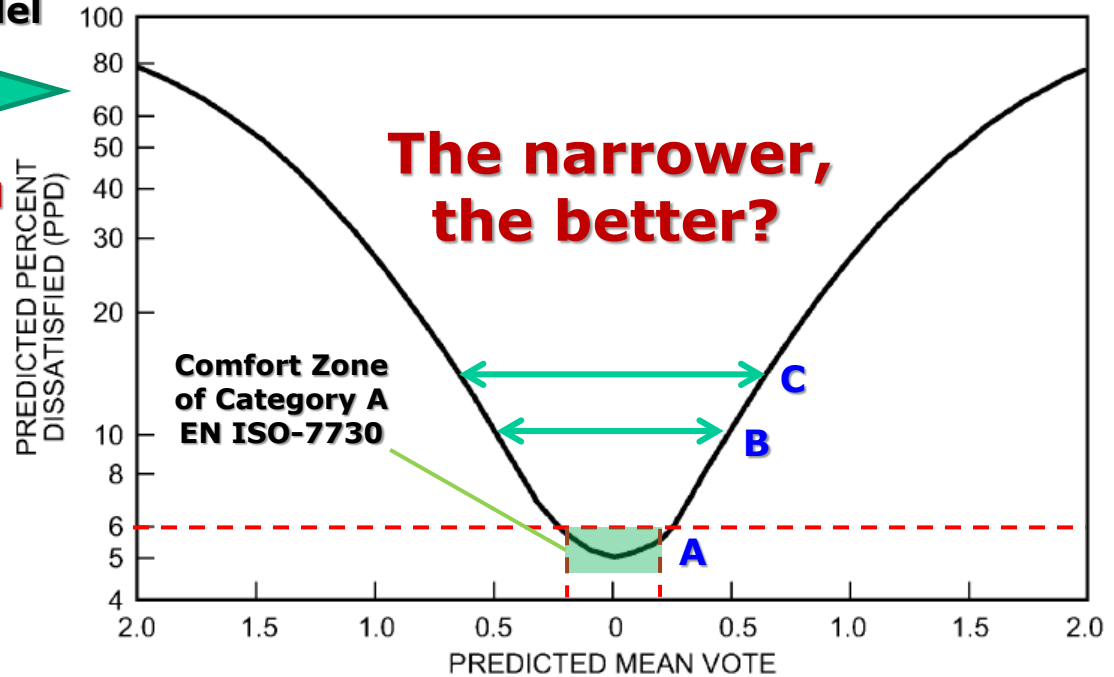
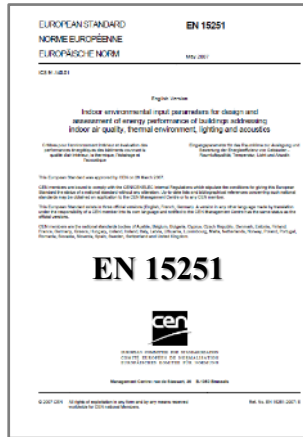
Why "Adaptive Thermal Comfort"?



PMV-PPD Model



For Air-conditioned building



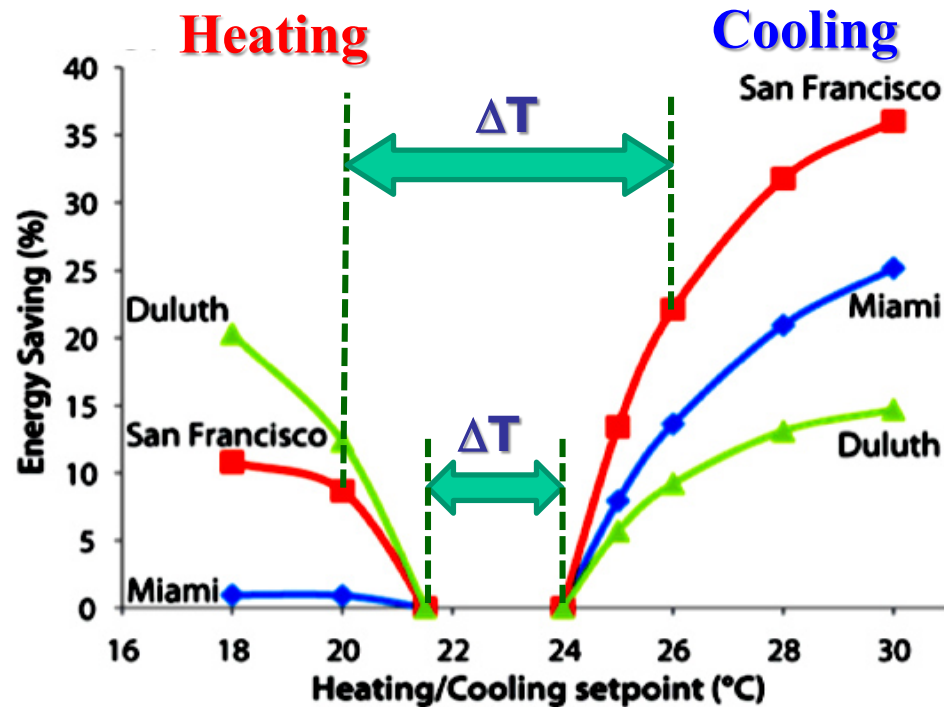
Predicted Percentage of Dissatisfied (PPD) as Function of Predicted Mean Vote (PMV)

Energy Costs of Tight Temperature Control

As temperature control technologies have improved, dead-bands in buildings become narrower

We now rate buildings on their *thermal imperceptibility*.

However the amount of *HVAC energy demand* increases profoundly with such tight control.



Hoyt *et al.* (2009) “Energy savings from extended air temperature setpoints and reductions in room air mixing.” International Conference on Environmental Ergonomics, Boston.

1. Appropriate indoor thermal environment

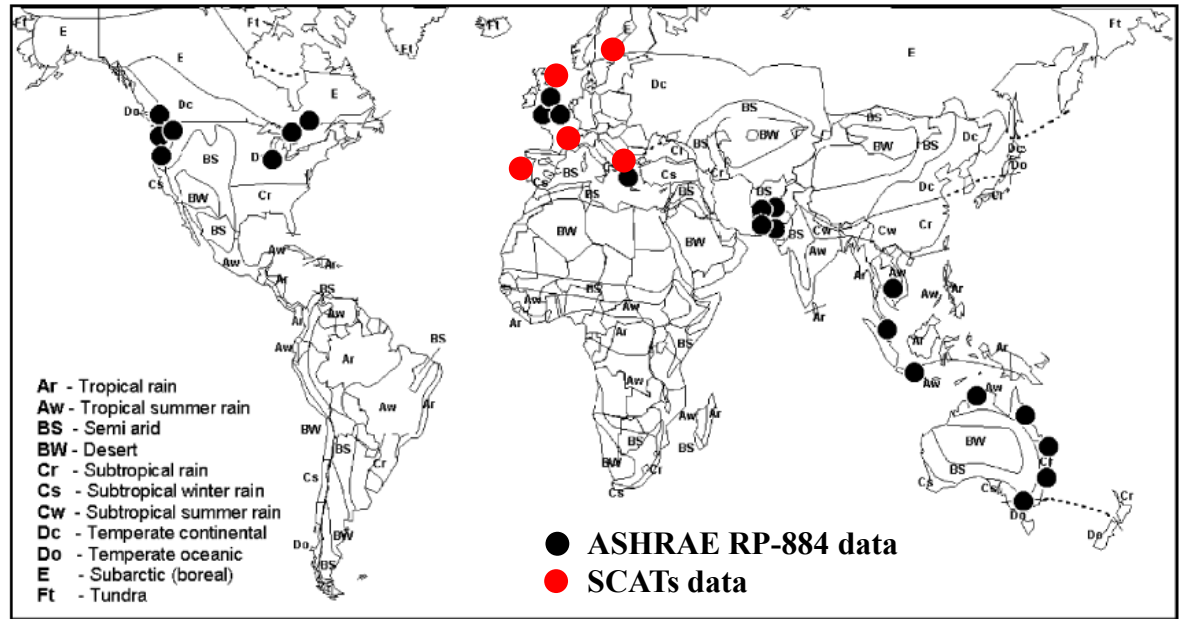
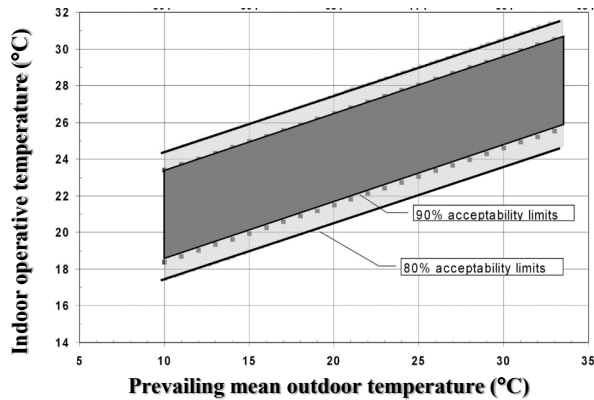
**Indoor thermal comfort standard
and evaluation index are key point**

Adaptive thermal comfort model

Old databases: ASHRAE RP-884: 21000+ data from 4 continents
SCATs: 31000+ data from 5 European countries

- **ASHRAE Std. 55**
- **EN 15251**

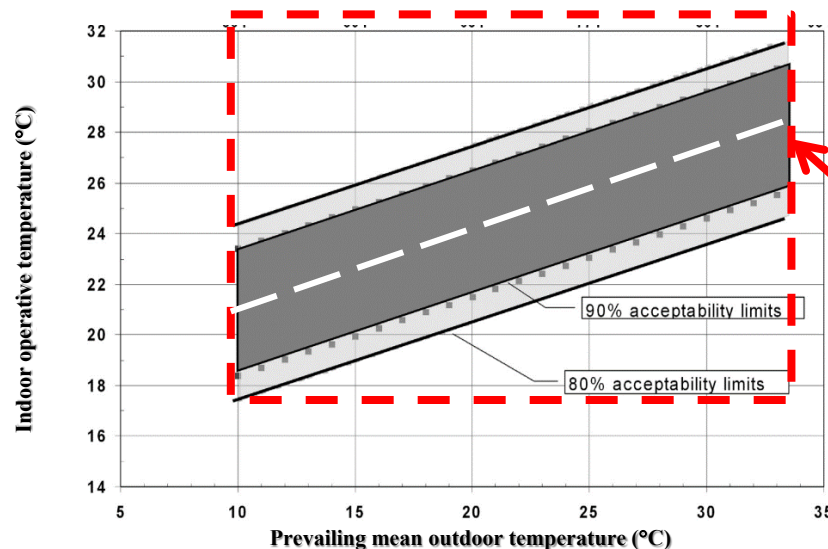
For Free-running building



Shortages: Quality of original data was ragged; Format and information were not unified; Lack of data from many important climate zones

Adaptive thermal comfort model: Problems and Challenges

- Although the adaptive effect has been recognized widely by researchers, but the mechanism has not been yet included in the model — partially due to the imperfection of old database

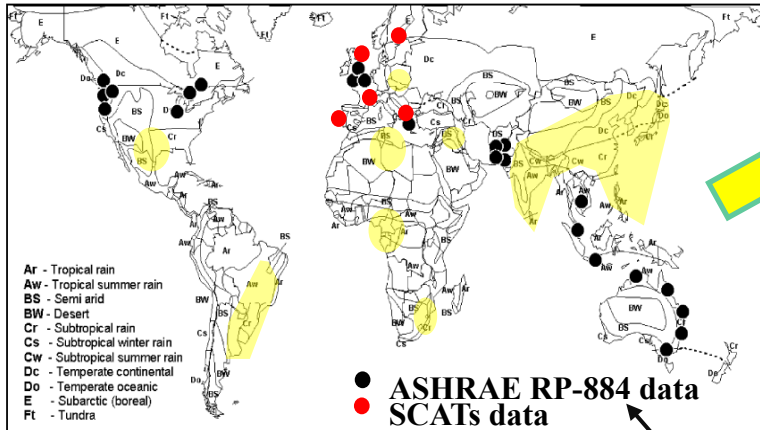


$$T_{comf} = 0.31T_{out,m} + 17.8$$

How physiological adaption, psychological adaption, occupants' behavior work along with thermal balance?

What we have done

First step: thermal comfort database

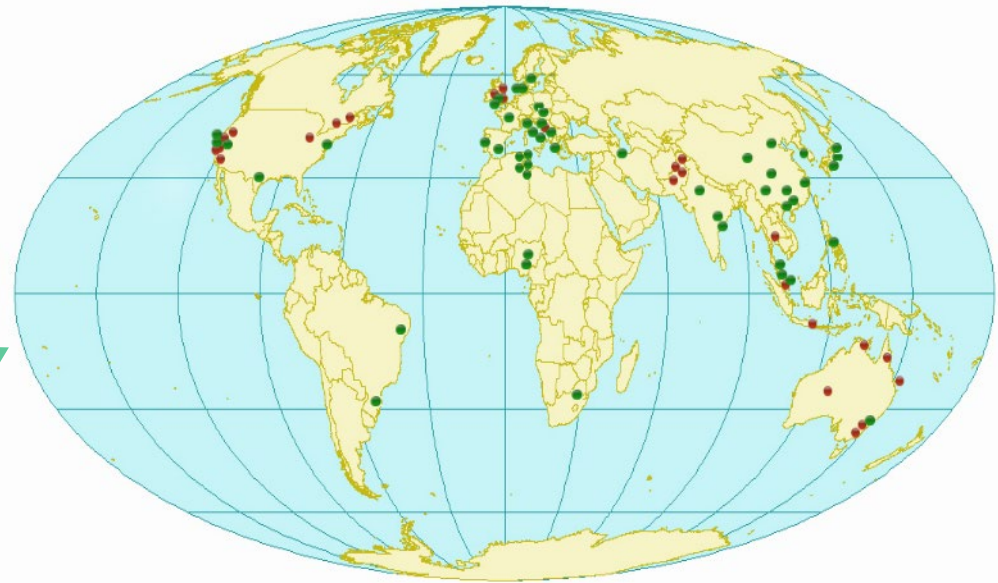


● ASHRAE RP-884 data
● SCATs data

ASHRAE Global
Thermal Comfort
Database I

ASHRAE Global Thermal
Comfort Database II

● Old Data
● New Data



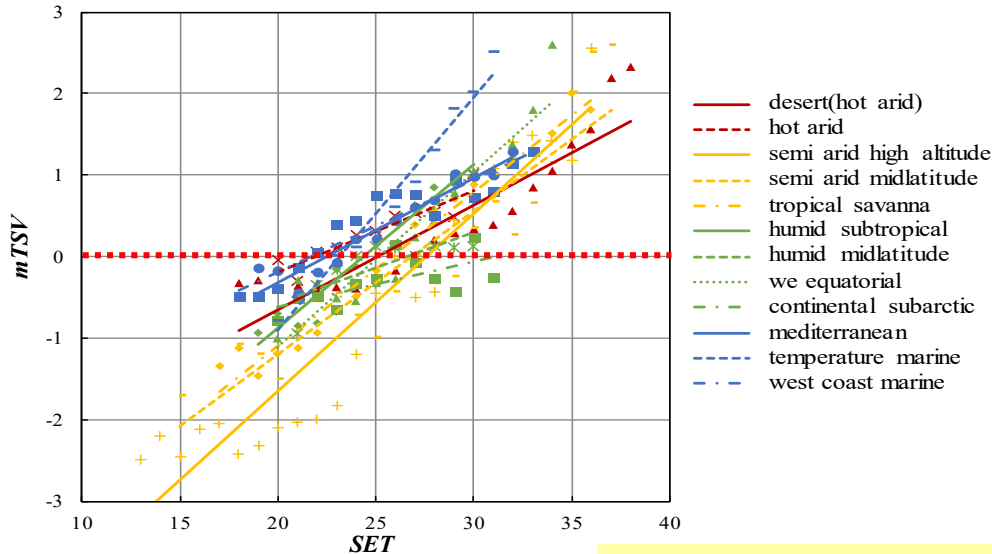
6 Continents, 22 Countries, 55 cities; >180,000 new data
Denmark, Iran, Japan, USA, Nigeria, China, Phillipines,
Singapore, Australia, India, Slovakia, Italy, Tunisia, South
Africa, UK, weden, Portugal, Greece, France, Brazil, Korea

The adaptive thermal comfort model with mechanism—SET based model

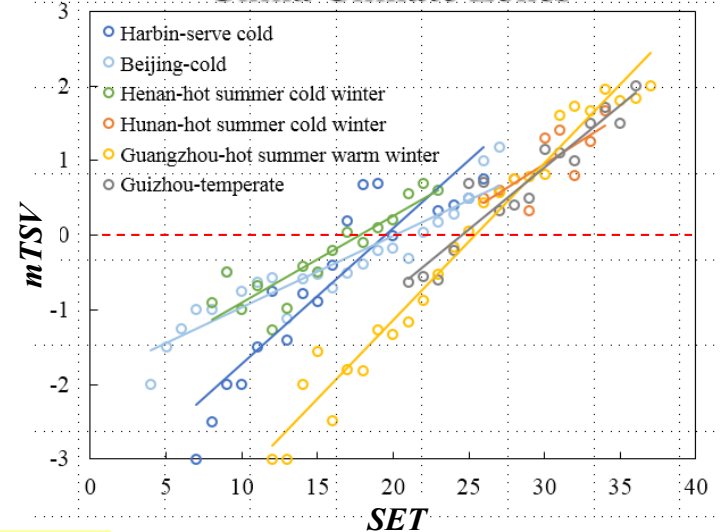
Tsinghua Univ.: PTS model (Predicted Thermal Sensation)

$$PTS = f(t_a, RH, v_a, MRT, Met, clo, \text{indoor/outdoor thermal experience, psychological adaption})$$

International Climate Zones



China Climate Zones

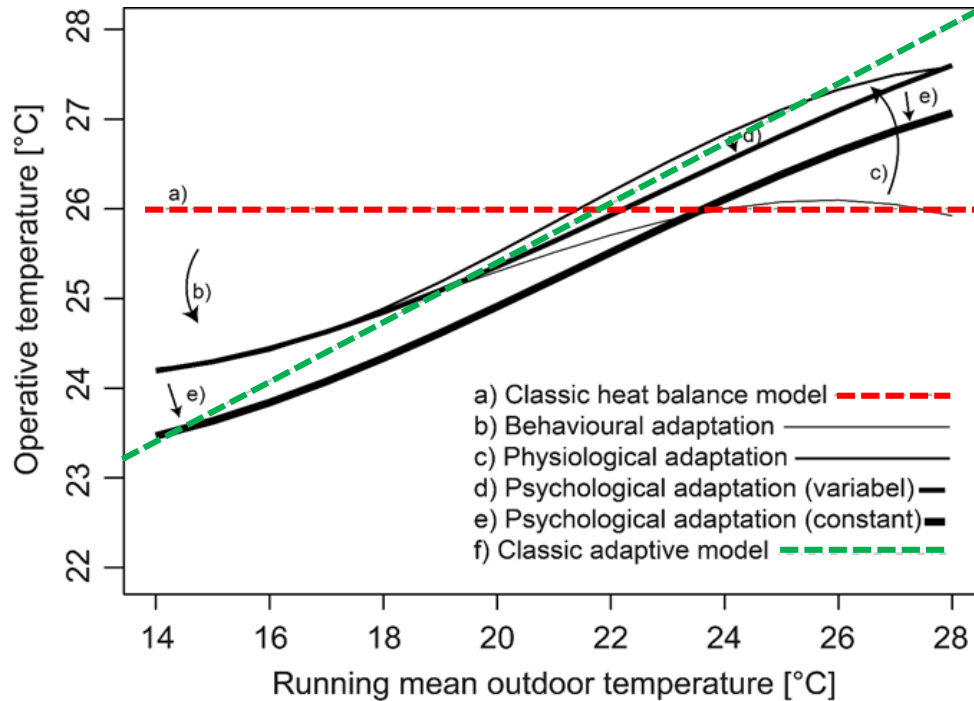


Data source: ASHRAE Global Thermal Comfort Database I
Number of samples: 20693

The slope and intercept reflect different thermal adaptation levels.

Data source: ASHRAE Global Thermal Comfort Database II
Number of samples: 5043

The adaptive thermal comfort model with mechanism — PMV based model



Marcel Schweiker & Andreas Wagner, 2015

What thermal comfort index/model should be used for mixed-mode building?

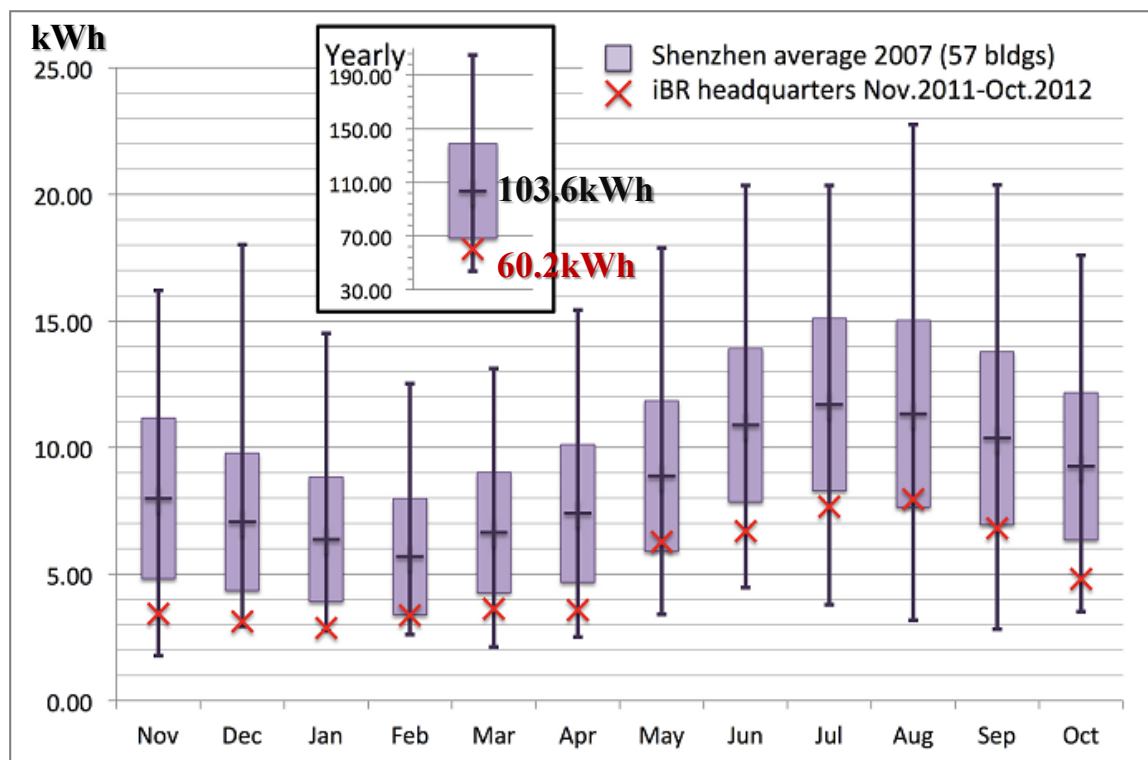
- **Mixed-mode building=Free running + Air-conditioning**
- **In many Asia countries, most buildings are mixed-mode buildings**
- **We found that thermal adaptation is also present in mixed-mode buildings**
- **Adaptive opportunities :**
 - **Natural ventilation, shading, solar radiation, change cloth, drink cold/hot drinks.....**
 - **Electric fan, air-conditioner, personal comfort system(PCS)**

2. Reasonable Architecture Design

**Not always high insulation and
air tight are reasonable**

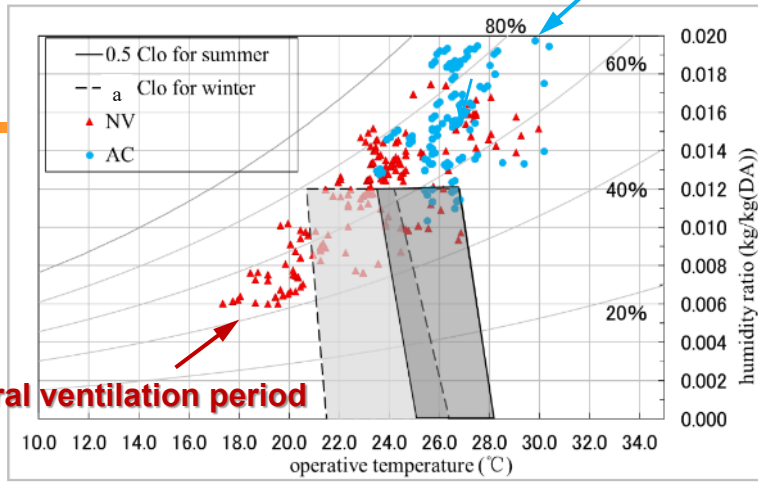
A Mixed-mode office building, Shenzhen, China, subtropical climate

Strategy: open spaces, natural ventilation, local controlled AC, 60% energy consumption

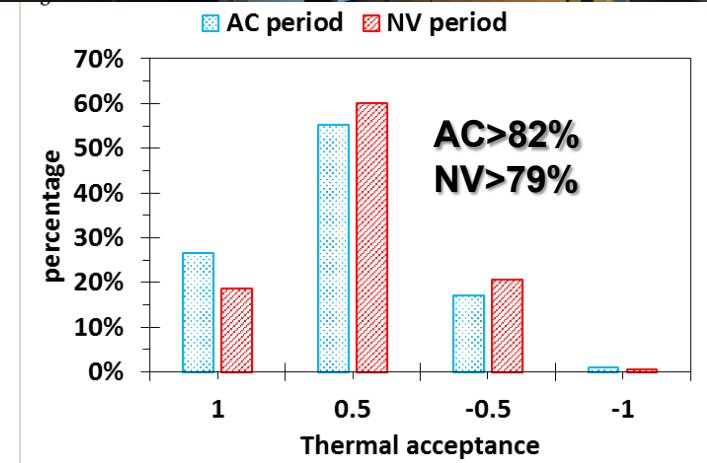
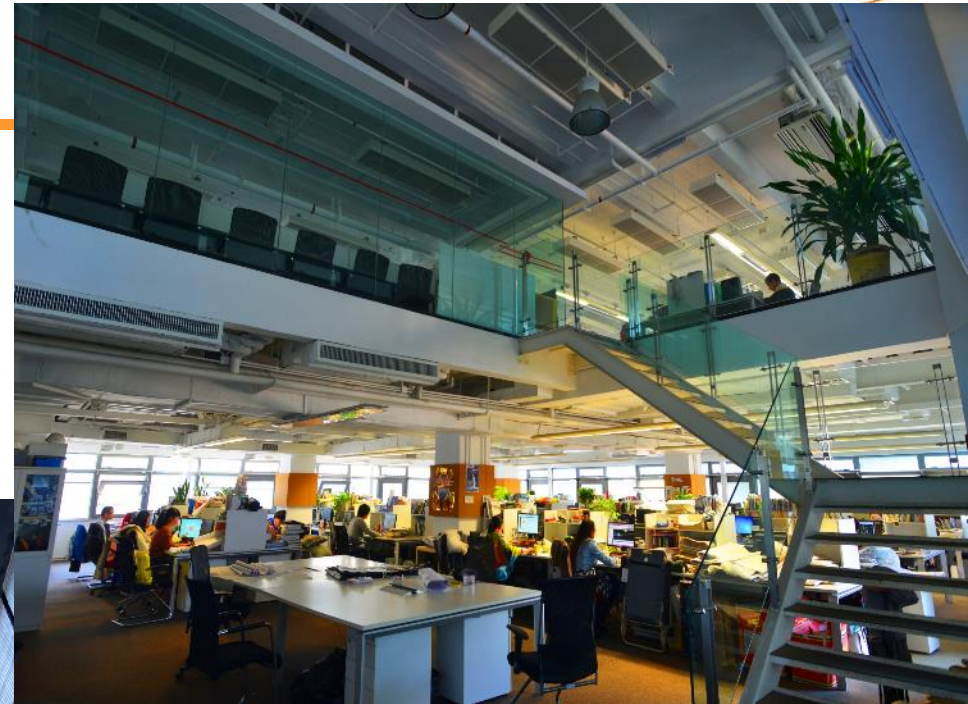




Air conditioning period



Natural ventilation period

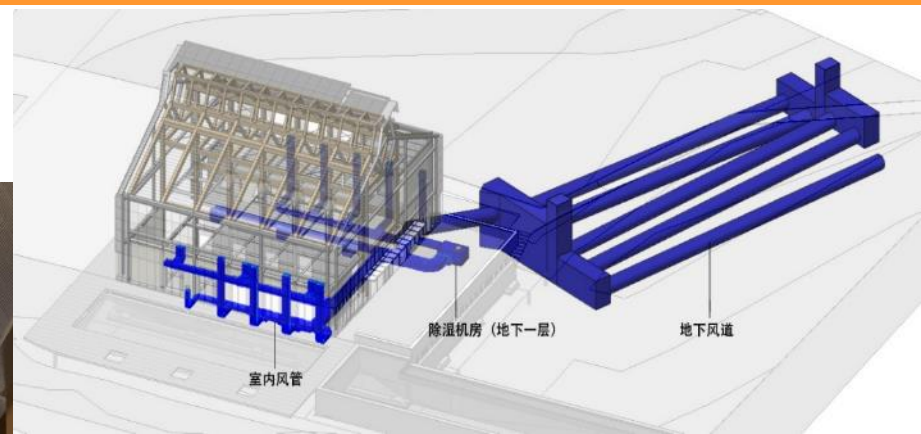


Office building in Guian, China

Free-running building, Moderate climate



Ceiling fans and underground duct

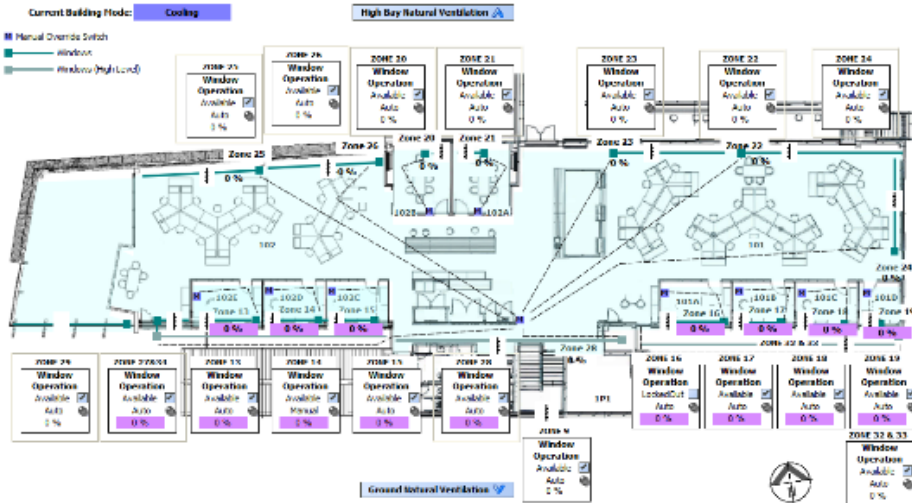


Office building, Wollongong, Australia

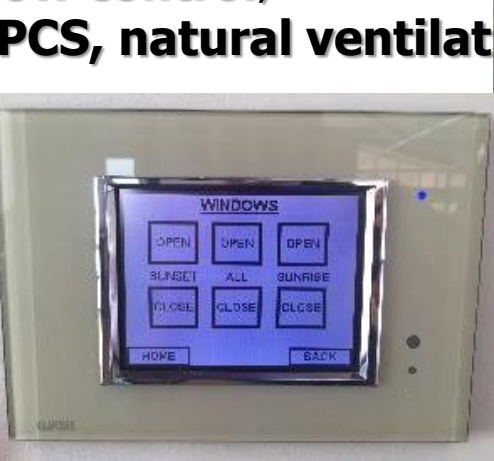
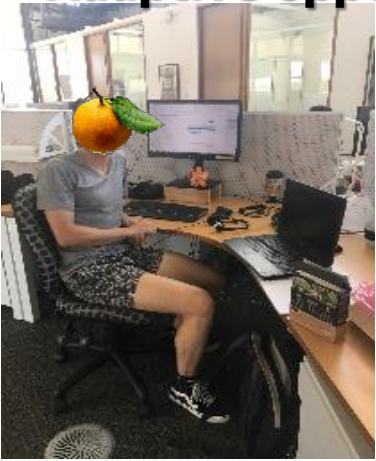
Maritime climate zone
Mixed-mode building



Type of building: mixed-mode, net zero energy

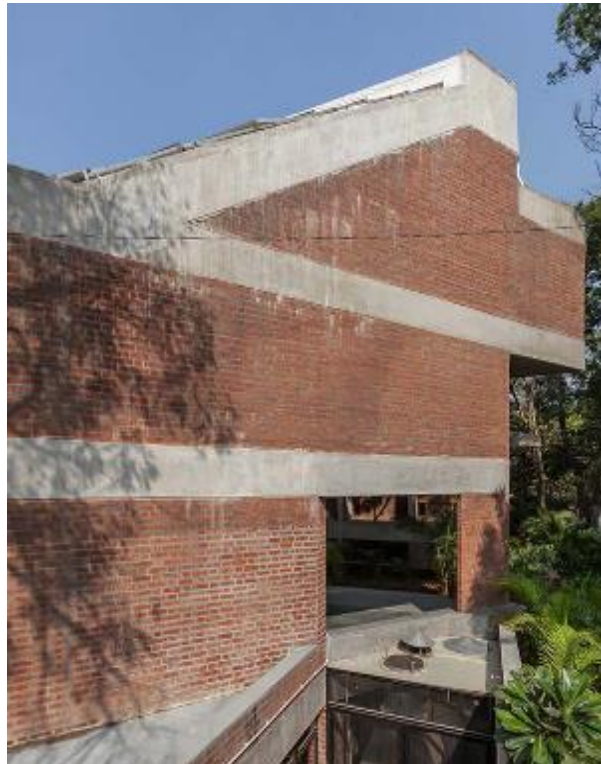


Adaptive opportunities : window control, PCS, natural ventilation



Office building, mixed-mode, Ahmedabad, India. Hot climate

- **Adaptive opportunities:** Personal fans, window openings, clothing
- **Electricity:** 56.99 kWh/m²a, with equipment load
37.87 kWh/m²a, without equipment load



3. Low energy thermal environment control facilities

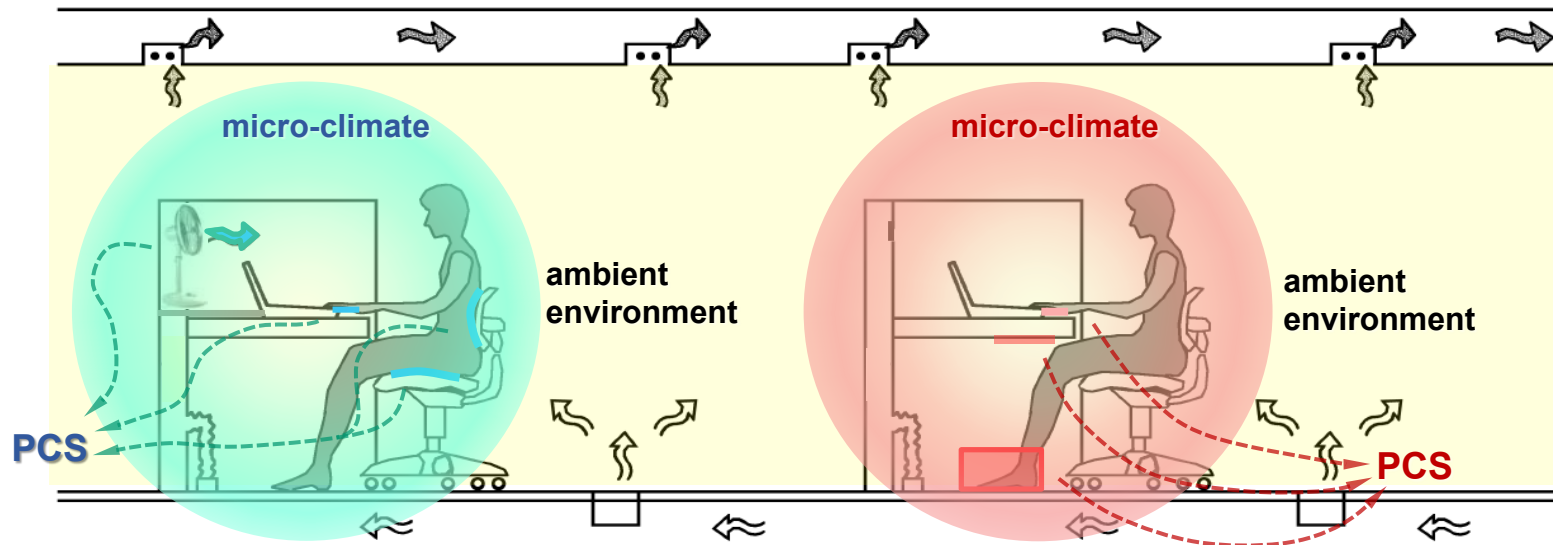
PCS: Personal Comfort System

Concept of PCS

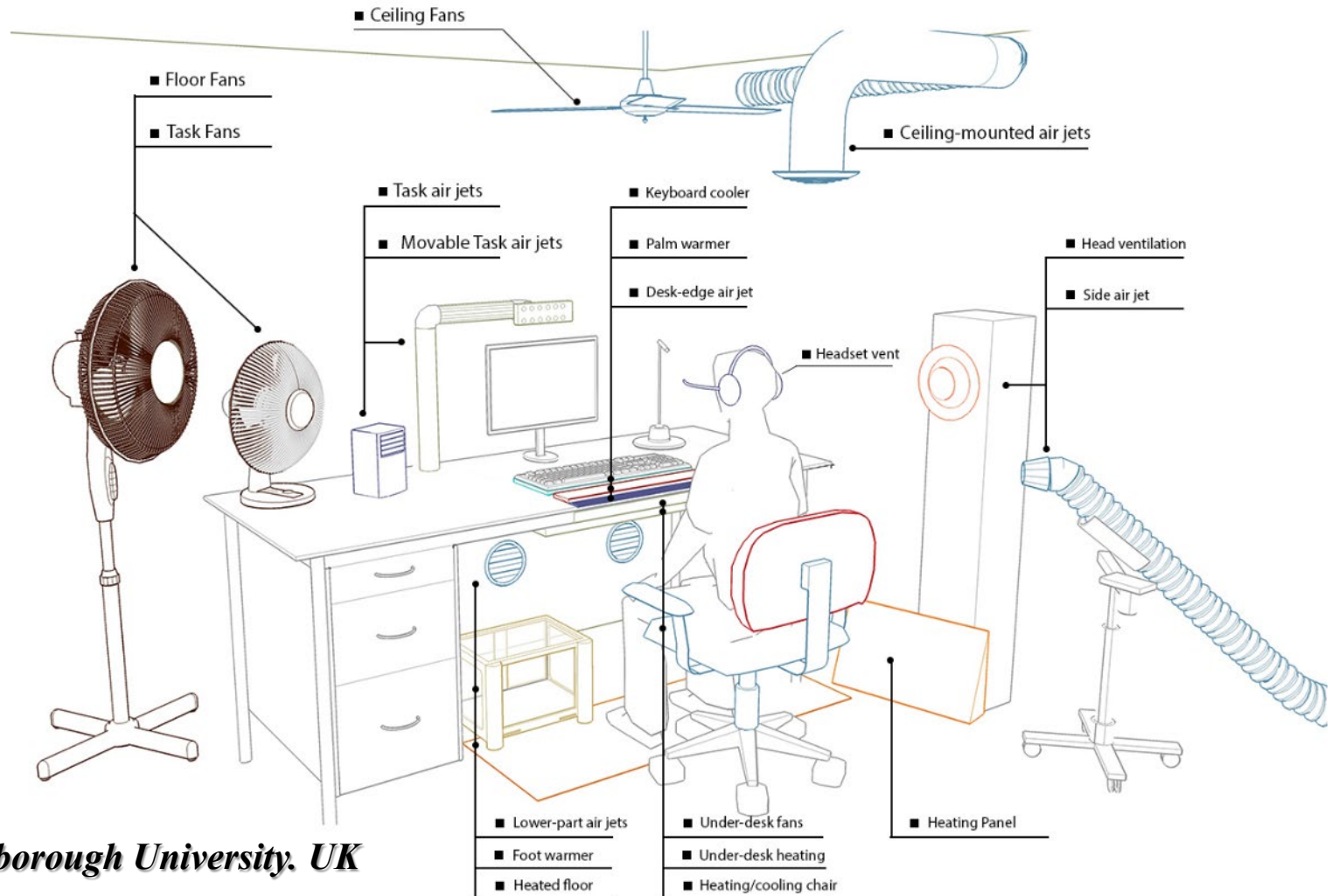
Personal Comfort Systems

Referring to devices (and their combinations) that provide personal environmental control of the thermal and air quality conditions directly surrounding the occupant.

They may also be referred as Personal Environment Control (PEC) systems, Personal Ventilation (PV), Personal Climatization Systems (PCS), Individually Controlled Systems (ICS), Task-Ambient Conditioning (TAC), etc., in existing literatures with different emphasis.

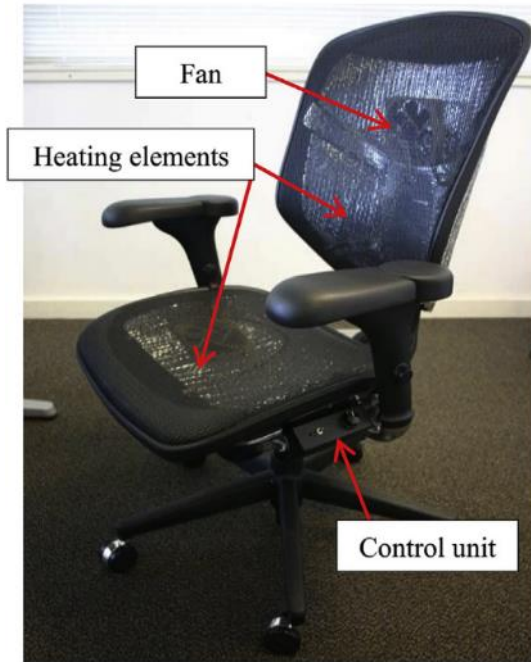


Personal Comfort Systems



Ziqiao Li. Loughborough University. UK

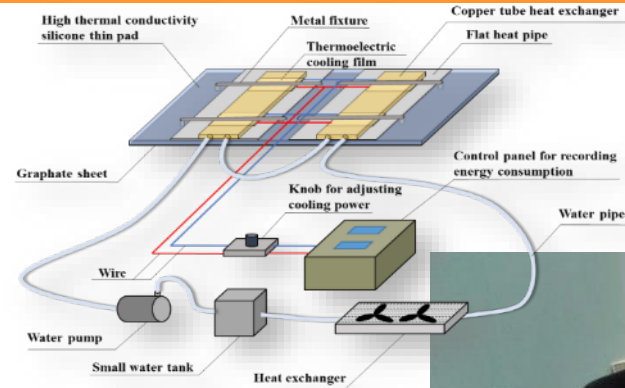
The heated/cooled chair



Mesh PCS chair



- battery-powered
- seat and back separately controlled
- four levels of heating or cooling
- total maximum power is 14 W for heating and 3.6 W for cooling

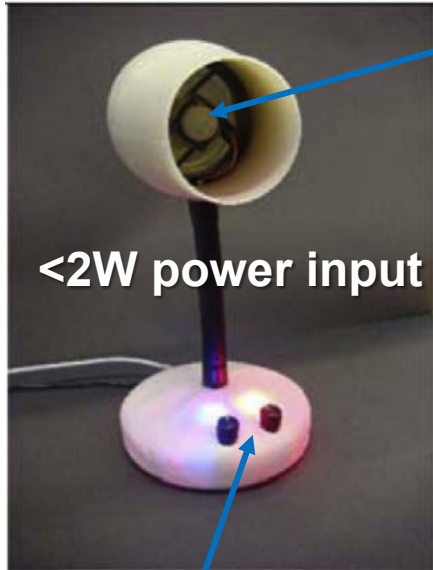


UC Berkeley
Ed. Arens & Hui Zhang

Semiconductor refrigeration
Contacted cooling chair
Tsinghua University

UC Berkeley

Desk fan



Infrared
occupancy
sensor

<2W power input

Knob for level control
Red for foot-warmer
Blue for fan

Foot-warmer



30W For Stable Use

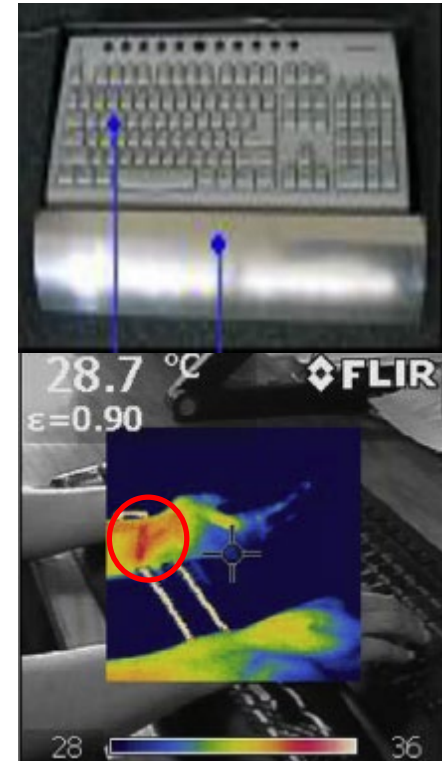
Pressure Switch For
Occupancy

Heated Insole



- 2.4W for both insole together;
- wirelessly charged

Wrist-pad



Maximum
input power
is 7 W for
heating and
2.4 W for
cooling

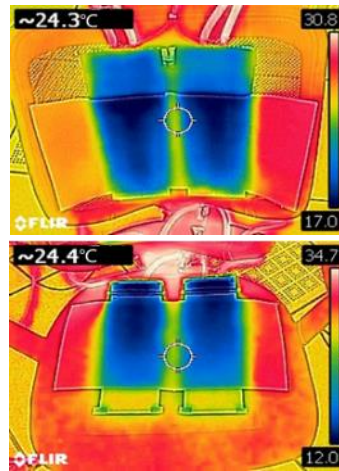
Scenario for using PCS



UC Berkeley

Tsinghua University

- Contact cooling chair, surface temperature demand is 25~28°C
- Subject can keep thermal neutral when ambient T=30°C

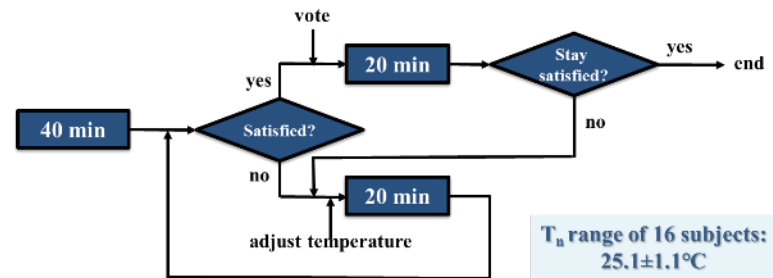


Chair for back & buttocks cooling by Peltier effect

Contact cooling Chair

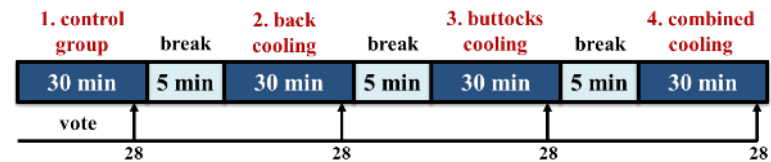
Hecheng Yang et al. Study on the local and overall thermal perceptions under nonuniform thermal exposure using a cooling chair. *Building and Environment*. 176 (2020) 106864. (online)

EXP.0 Find the neutral ambient temperature of each subject



T_n range of 16 subjects:
25.1±1.1°C

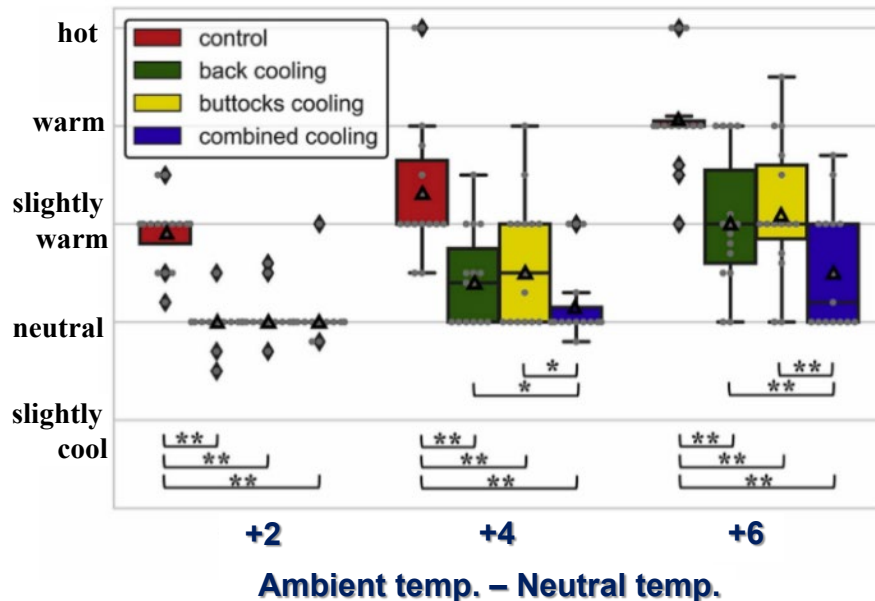
EXP.1-3 Local cooling is available and adjustable, when ambient temperature is 2,4,6°C higher than neutral respectively.



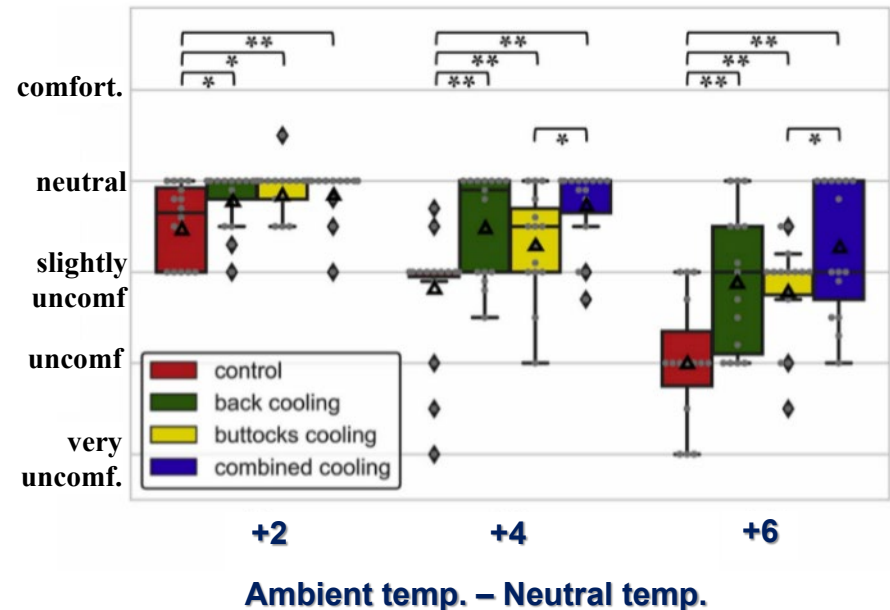
Overall effect in comfort lift

- Local cooling can significantly reduce overall thermal sensation and improve overall thermal comfort. The corrective power can be 2~4°C, e.g. 28~30°C ⇒ 26°C (neutral)
- Back cooling is slightly more effective than cooling on buttocks. Combined cooling shows the best effect.

Overall thermal sensation



Overall thermal comfort



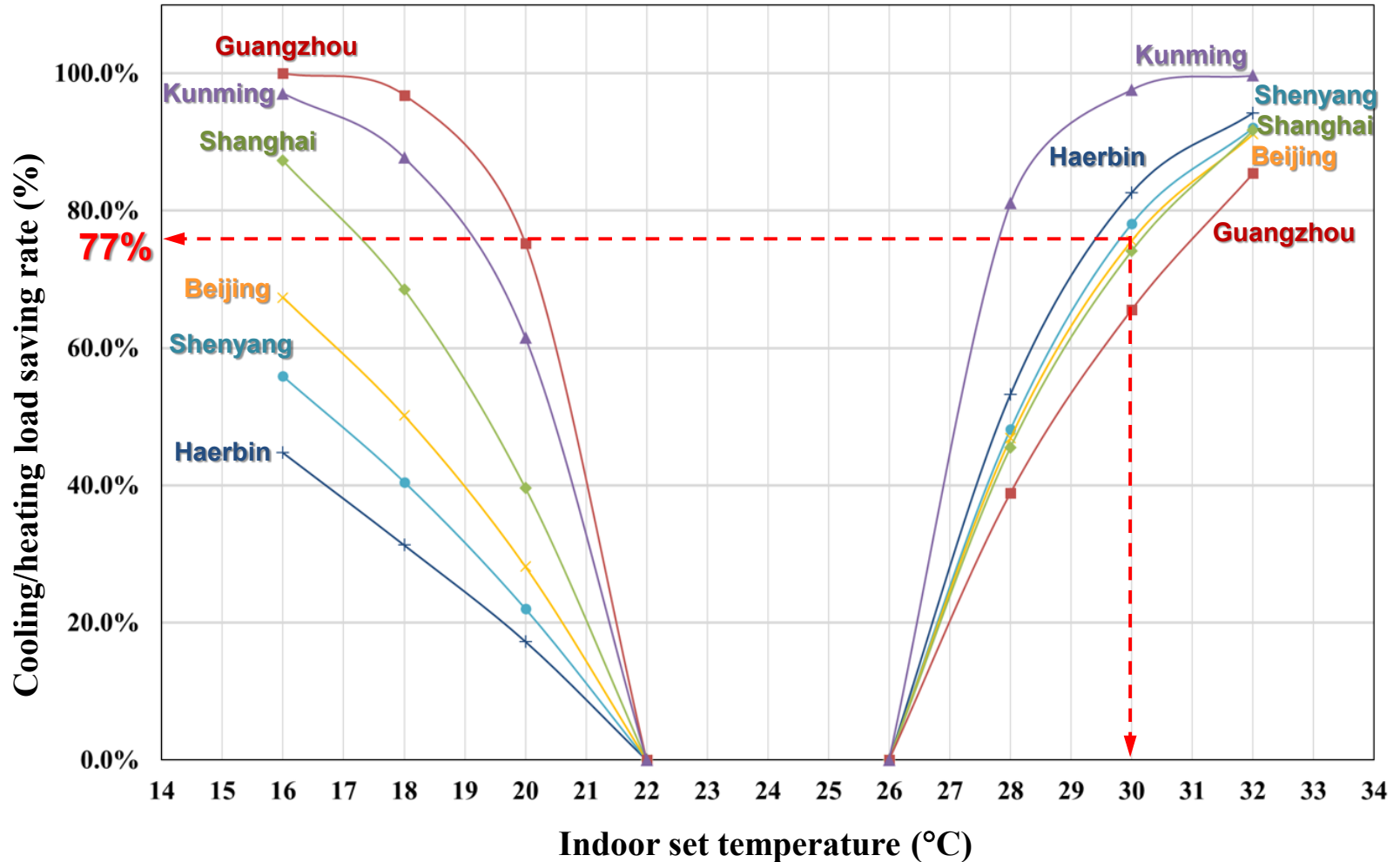
Tsinghua University



Wearable PCSs

Beijing:

$T_{set} 26^{\circ}\text{C} \Rightarrow 30^{\circ}\text{C}$, cooling load 77%↓

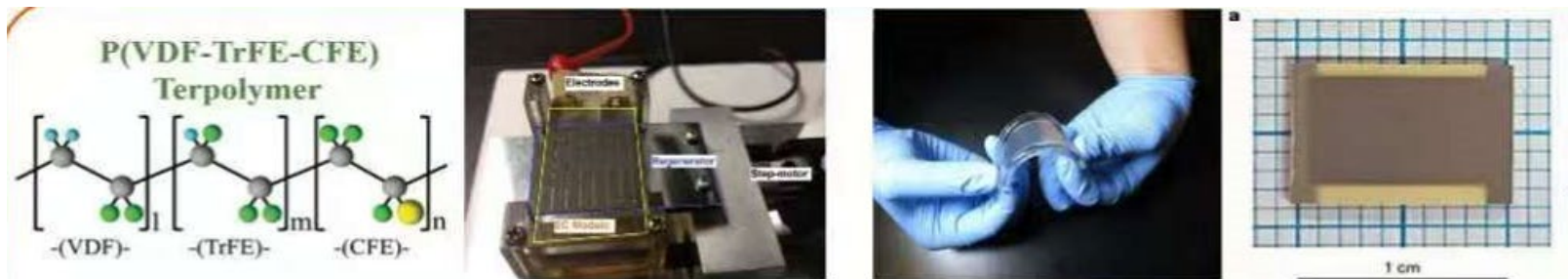


Energy saving potential of PCS

- Electricity consumption for cooling in Beijing office building is about **40 kWh/m²a**, 77% energy saving means it \Rightarrow **9.2 kWh/m²a**
- Electricity consumption of the fan of cooling chair (UCB) is 3.6 W/chair, **\sim 0.6 kWh/m²a**

Pasut W, Zhang H, Arens E, Zhai YC. Energy-efficient comfort with a heated/cooled chair: Results from human subject tests. Build Environ. 2015;84:10-21.

- For contact cooling chair, electrocaloric effect is a very promising micro refrigeration approach, COP \Rightarrow 10.0





Energy in Buildings and
Communities Programme

Thanks for your attention!

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